

2026

# June

# Fresh Air Fitness

\$5 per class

Pre-Register or register on site with cash only

Bring a mat and water! Open to all ages!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 9am Flow at the Fountain: Yoga At Convention Hall	2 9am Play & Hustle Full Body at Housel Park	3 9am Cardio & Core at Katy Park	4	5	6	7
8 9:30am Pilates by the Pool at Liberty Pool	9 10am Circuits & Sun at Centennial Park	10	11	12	13	14
15 10am HIIT Fit at Hubbard Park	16	17 9am Bootcamp at the Ballfield at Liberty Stadium	18	19	20	21
22	23 9am Trekking to the Trainhouse at HCC	24 9am Move N Groove at Vermont Park	25	26	27	28
29	30 9am Calm on the Lake at Clover Dell Park Gazebo					

Take your workouts outside this summer with a month of energizing outdoor fitness classes!