



INDOOR POOL RULES

Heckart Community Center staff reserves the right to add additional rules that may be necessary for the safe operation of the facility.

General Policies

- Shower before entering the pool.
- Profanity or public displays of affection is not allowed in or around the pool.
- No food in the pool area. Water and sports drink are allowed in a water bottle with a lid.
- Running or horseplay is prohibited in or around the pool.
- Hanging or playing on the railings and lane ropes is prohibited.
- Shoes and shirt must be worn when entering and leaving the facility.
- Please refrain from talking to or splashing the guards. It distracts them from their job.
- Hanging on the side of the lazy river is not permitted. Patrons must go with the flow of the lazy river except during water walking times.
- No flips off the side of the pool.
- Children of diaper age or persons of all ages prone to incontinence are prohibited from entering the pool without a “waterproof swim diaper” or plastic pants with elastic legs and waistband.
- Appropriate swimwear must be worn at all times- no thongs, speedos, loose clothing, jean material, no street shoes in the pool.
- Persons with skin rashes, open wounds, infectious or communicable diseases are prohibited from admittance to the pool.
- Individuals under the influence of alcohol or any other intoxicating substances are strictly prohibited from the facility.
- Coast guard approved flotation devices for small children are allowed. The child still must be directly supervised by a person 16 years of age or older.
- Safe water toys are allowed in the facility (foam and floatable items). Toys deemed unsafe by management or being used in a manner which threatens the safety or enjoyment of patrons will be prohibited.
- HCC reserves the right to check baggage if deemed appropriate.
- Glass and chewing gum are prohibited in the pool area.
- During periods of low attendance, various attractions may be closed.
- The tot slide is restricted to children 10 years of age and younger. Patrons must slide down feet first.



- No large inflatable toys or inner tubes. Small, child sized tubes are allowed at the lifeguards discretion.
- Parents or an adult guardian must accompany children ages 12 and under. An adult guardian must be within arm's reach for children 6 and under.
- Additional rules and stipulations may be enforced at any time as a safety concern.
- It is the responsibility of the patron entering the facility to read and obey all posted rules.
- HCC is not responsible for lost, stolen or damaged personal items.

Diving

- No gainers, cut-a-ways, inwards or reverse dives allowed.
- The 3 meter board will be closed during recreational swim.
- All patrons using the diving board must be able to swim unassisted. Swimming test are available upon request. Patrons may be asked to take a swimming test before going off of the board.
- There is no recreational swimming in the diving area unless the diving boards are closed and the lifeguard on stand specifies that it is recreation swim time.
- No lifejackets or swim aides will be allowed when using the diving board or swimming in the dive well.
- No goggles, glasses, masks or fins will be allowed when using the diving board.
- Only one person is allowed on the diving board at a time.
- Only one bounce is allowed on the diving board.
- The previous diver must reach the pool ladder before the next diver can exit the diving board.
- Patrons must dive / jump straight off the end of the diving board.
- Divers are not allowed to sit, do handstands, cartwheels or any other unsafe dive on the diving board.

Lap Lanes

- Floatation devices, including lifejackets, are not allowed in the lap swim area.(Exception for swim lessons)
- Lap lanes are for lap swimming – when a lane is open water walking may take place in the lap lane with the understanding that if a swimmer wishes to use it, it will go back to a swimming lane.
- If two swimmers are in a single lane, they may choose to split the lane or circle swim. If three or more swimmers are in a single lane, circle swim is recommended.
- Do not swim across, over or under the lap lanes. Please enter the lap lanes from the ends only.
- No kickboards allowed in the pool except in the lap lanes.



Hot Tub Rules

- Hot tub hours will follow the main indoor pool schedule but may be closed for additional maintenance.
- Adults ages 16 and older only.
- It is highly recommended that no patrons spend more than 15 minutes in the hot tub at one time. Prolonged use may cause swim suits to fade due to sanitizing chemicals. Maximum time limit is 15 minutes while others are waiting
- Do not use while under the influence of anticoagulants, antihistamines, vasoconstrictors, stimulants, hypnotics, narcotics, tranquilizers, or alcohol.
- Individuals suffering from heart disease, diabetes, high/low blood pressure, and expectant mothers should not use the hot tub.
- Showers are required by all participants prior to use.
- Hair longer than shoulder length must be pulled back.
- Additional rules and stipulations may be enforced at any time as a safety concern.