



GYMNASIUM RULES

- **No food or gum is allowed in the gym. Bottled water or bottled sports drinks are allowed.**
- No profanity, acts of aggression, bullying or discrimination.
- Anyone entering the gym must be wearing a shirt and appropriate footwear (athletic shoes, non-marking soles). Heels, boots, bare feet, sandals, shower shoes, Heelys (or like shoe), roller skates, etc. are not permitted. It is recommended if raining or snowing to bring a dry pair of shoes to walk, run, or workout in.
- No dunking or hanging on the basketball rims.
- Basketball hoops will be kept at 10ft. Hoops can be adjusted for Sedalia Parks and Recreation programs and upon request.
- Please do not touch or hang on the dividing curtain.
- Open gym participants/spectators may only use designated program areas during their scheduled program time.
- No organized team practices during open gym.
- The gym may be designated for volleyball, basketball, pickleball, or other activities. It is possible that during designated volleyball times, basketball will not be available and vice versa.
- No paid private or group training sessions are allowed unless under contract with Sedalia Parks and Recreation.
- For the safety of spectators, the bleacher areas and walkways are a no-play zone. Moving, playing on, or playing around bleachers is not allowed.
- No speakers or other audio devices that project music. Headphones and earbuds are allowed.
- Return all checked out balls and equipment after use. Scoreboard controllers are not available for open gym use. Membership card, keys, or other items may be kept as collateral to ensure equipment is returned.
- Please keep your valuables locked up and/or secure; Sedalia Parks and Recreation is not responsible for belongings that are lost or stolen.
- Staff reserves the right to ask any individual to leave the facility and/or suspend them and their membership.
- No full-court games during open gym.
- No flying objects such as Frisbees and remote control devices.
- Access to use the gym is a priority and pick-up games may be suspended in order for everyone to have access to play.
- Exits must be kept free of all obstructions at all times.
- Staff reserves the right to add rules as deemed necessary.