

# WATER *Aerobics*



**\*NEW CLASS!**

## Water Aerobics with Cindy

**TUESDAYS AND THURSDAYS  
JUNE 15TH- AUGUST 5TH**

**Liberty Pool 11:30am-12:30pm**

**Centennial Pool 6:15-7:15pm**

Stretching, toning, cardio.  
Swimming skills not required.

## DEEP WATER THERAPY AT LIBERTY POOL

**June 19th 10:45-11:45am**

**July 10th 10:45-11:45am**

**August 7th 10:45-11:45am**

Stretching and toning  
in the deep end of  
Liberty Pool.

## High Intensity Water Aerobics with Renee

**MONDAYS AND WEDNESDAYS  
JUNE 14TH- JULY 21ST**

**Liberty Pool 11:30am-12:30pm**

\$5 per class, or  
purchase a pre-paid  
punch pass- 10 visits  
for \$40. Purchase  
punch pass at pool or  
park office.

Punch pass is good for  
all water aerobic  
classes.