



**SEDALIA
PARKS &
RECREATION**

WATER

Aerobics

WITH CINDY ATKINSON

JUNE 16TH- AUGUST 8TH

TUESDAYS AND THURSDAYS

Liberty Pool 11:30am-12:30pm Centennial Pool 6:15-7:15pm
Stretching, toning, cardio. Swimming skills not required.

DEEP WATER THERAPY AT LIBERTY POOL

NEW CLASS!

June 27th 11am-12pm

July 11th 11am-12pm

July 25th 11am-12pm

August 8th 11am-12pm

Stretching and toning in the
deep end of Liberty Pool.

\$5 per class, or
purchase a
pre-paid punch
pass- 10 visits for
\$40. Purchase
punch pass at pool
or park office.

