

Sedalia Parks & Recreation

3-on-3 Basketball Rules

Regular basketball rules will apply with the following changes.

Players: Each team must have a minimum of three players on their roster and a maximum of 5 players. Games may be started and completed with only two players, but not with just one player. **No roster changes are allowed after your first game.**

Warm-up: Players should be ready to warm-up as soon as the prior game ends, 5 minute warm-up clock will begin once teams clear the bench.

Prior to the Game: A coin toss will determine the right to possession or pass possession to the opposing team. If the game goes into overtime, the team not receiving possession to start the regulation game shall receive the ball to start overtime. The team winning the toss shall have the right to accept or refuse the ball. If they refuse the ball, they shall receive first possession in the overtime period.

Starting Play: The ball must be thrown in from underneath the opposite teams basket.

Length of Games: Games will be a ten minute running clock, clock will stop for time-outs, and fouls.

Jump Balls: All jump balls go to the team on defense.

Pressing: There is **NO** Pressing allowed.

Time Outs: Each team is allowed One 30 second time out. The clock will stop during the time out.

3 Seconds in the Lane: Offensive players may NOT remain in the lane for more than three seconds or the ball will be turned over to the opposing team.

Fouls: The timekeeper/referee keeps the record of team fouls. Shooting fouls will be a one-and-one and other non-shooting fouls will be common fouls. For the first six (6) fouls, the ball is taken back by the fouled team. Beginning with the seventh (7) team foul, the player fouled will be awarded one-and-one free throw. On the 10th team foul 2 shot attempts awarded.

Overtime: 3 minutes, the team not receiving possession to start the regulation game shall receive the ball to start overtime.

DURING FREE THROWS ATTEMPTS– ALL PLAYERS REMAIN BEHIND THE TWO POINT ARC.

Technical fouls: A technical foul results in TWO (2) free throws and possession to the free throw shooting team. Two technical fouls on a player in the same game results in disqualification for the remainder of the tournament.

Pool Play/Tournament: There will be a pool play where every team will play each other. The tournament lay out will be as followed: top 2 records will play for championship game, 3rd and 4th best records will play for 3rd place, and 5th and 6th place will play for consolation game. Tie breakers will be determined head to head, points allowed, points scored, coin toss.