



WOMEN WARRIORS BOOTCAMP



SEDALIA
PARKS &
RECREATION

WOMEN WARRIORS OF THE DIET DOC

SEPTEMBER 3, 6, 17, 20, 24, 27

TUESDAYS AND FRIDAYS

6 CLASSES FOR \$30

CLASS TIME: 4:30-5:00PM, 5:00-5:30PM

~~LIMITED REGISTRATION~~

Register by
AUGUST 30TH

Taught by:

TANYA BURTON

ISSA CERTIFIED