



POUND

ROCKOUT. WORKOUT.

Mondays October 7th-28th 5:30-6:30pm
Thursdays October 3rd-24th 6:40-7:40pm

Register by: October 3rd

\$20 for once a week
\$40 for both sessions

1500 W. 3rd St. www.sedaliaparks.com (660)826-4930