



SEDALIA
PARKS &
RECREATION

**STAY
HEALTHY
BE ACTIVE**



POUND[®]

ROCKOUT. WORKOUT.

Mondays: June 10-July 1, 5:30-6:30pm

Thursdays: June 13-July 11, 6:40-7:40pm

***No class July 4th**

1 a week = \$20, 2x a week = \$40

Register by June 6th

1500 W. 3rd St. www.sedaliaparks.com 660-826-4930